

3

Steps

2

Minutes

1

Life Changed
Forever

NEBRASKA TOBACCO QUITLINE

Fax Referral Program

The time you invest helping patients quit tobacco could add years to their lives.

The Nebraska Tobacco Quitline offers a Fax Referral program to assist you in supporting tobacco cessation (including quitting e-cigarettes) among your patients. It's easy to get started.

ASK patients about their tobacco use status.

ADVISE patients to quit. Build their interest in the free and confidential Quitline phone counseling and other resources. Services are available to all Nebraska residents aged 16 and older.

REFER patients to the Quitline.

- If they're ready to make a quit attempt, work with them to fill out the Fax Referral form at QuitNow.ne.gov.
 - › Have patients sign the consent section.
 - › Include your name and fax number in the provider section.
 - › Have patients initial and sign the patient section.
- **Fax the completed and signed form to 1-800-483-3114.**
- Let patients know that a Quitline coach will call them within 48 hours to register them with the program.
- Prescribe nicotine replacement therapy (NRT) if appropriate. Medicaid patients are eligible for a reduced-cost NRT benefit when using the Quitline. See the back of this flyer for information about the process.
- Individuals with private insurance are subject to the provisions of his/her individual coverage.

NEBRASKA
TOBACCO
QUITLINE

QuitNow.ne.gov

1-800-QUIT-NOW (784-8669) | 1-855-DÉJELO-YA (335-3569)

[Quitline services are available 24/7 in 170 languages.]

Nicotine Replacement Therapy for Medicaid Patients

Nebraska Medicaid (now known as Heritage Health) allows one NRT per patient's quit attempt with a maximum of two quit attempts annually. Patients must be 18 years or older and will be charged a co-pay for the NRT (generally \$10 or less).

Three things must happen before Medicaid patients can access pharmacy benefits for prescribed NRTs:

1. The Quitline receives a completed and signed Fax Referral form from the health care provider.

2. The patient gets a call from the Quitline to register him/her for the program. This happens within 48 hours of receiving the form.

3. The patient completes at least one phone counseling session with a Quitline coach.

That's it! Within three days of these completed steps, Nebraska Medicaid will authorize the prescription. The patient will be notified and can pick up the prescription at the pharmacy.

Following Patient's Progress

The Quitline staff will fax a report back to your office to be placed in the patient's file. The report will tell you whether or not the patient was reached, enrolled in services, and planned to quit.



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